

Grow with HEART!



Are you in the HEART program?

You are invited to
Health & Wellness Day!

- Activities to reduce stress
- Health education
- Lunch & giveaways
(as supplies last)

Friday, June 21 | 10 am-12:00 pm

2nd Floor Group Rooms

RSVP or ask about Medicare HEART eligibility

Call 443-703-1218