### July 2024 PI Informational Meeting

Marie Stelmack, QI Specialist

Lisa Hoffmann, Director of QI

5/15/2024





### Agenda

- 1. Icebreaker
- 2. PI data snapshot
- 3. Pl updates
- 4. This month's PI tool: slope charts
- 5. Questions: pop them in the chat or voice them as we go!

### **Good morning!**

# It's National Minority Mental Health Awareness Month! It's Disability Pride Month!

What do you do for self-care?





Key

#### **PI Measures**

				3+ Improveme
Disease Management	May	June	2024 Goal	1-2+ improver Reduction
Colorectal Cancer Screening	30%	30%	40%	
Controlling high blood pressure	61%	61%	66%	
Hypertension Disparities	Black M: 62% Black F: 54% White M: 74% White F: 69% Latino M: 63% Latina F: 64%	Black M: 62% Black F: 52% White M: 71% White F: 72% Latino M: 64% Latina F: 67%	<5% disparity across all races and ethnicities	
Childhood Vaccinations	9%	7%	18%	
PHQ-9 Questions 1 and 6	Q1 or Q6: 1.99%	Q1 or Q6: 3.96%	5%	
Diabetes: HbA1c poor control (>9%) [inverse]	36%	35%	27%	
Diabetes and A1c Control (inverse measure)	Black: 33% White: 37% Hispanic/Latinx: 40%	Black: 32% White: 39% Hispanic/Latinx: 38%	31% Hispanic/Latinx clients	

Disease Management	May	June	<b>2024 Goal</b>
Clients receiving PrEP	44 clients	44 clients	36 clients
Prenatal Early Entry to Care	pending	66%	70%
Appointment Access	Med Urgent: 66% Med Routine: 80% BH Urgent: 88% BH Routine: 100% Dental Urgent: 100% Dental Routine: 100%	I Dental Hraent 100%	
Hospital Readmission Rate	19%	pending	<20%
Closing the Referral Loop	23%	23%	40%
Current Medication Documentation	86%	86%	90%

Key

3+ Improvement

1-2+ improvement Reduction



#### 2024 PI Plan

Holding until One more Sustainability 3 PDSAs in! 2 PDSAs in! plan made! flu season! thing! Reduce the disparity in Double the number of Ensure at least 18% of Reduce hospital For clients 12+, improve aggregate score by 5% on **children** will have all readmission rate hypertension control clients receiving PrEP. the **PHQ-9** for Question 1: rates (less than 140/90 combo 10 vaccinations (hospitalized within 30 little interest or pleasure in days) by 5%. mmHg) among Black, by age 2. doing things and Question White, and 6: feeling bad about Hispanic/Latino/a yourself; or that you are a women and men by 5%. failure or have let yourself or family down. Dates: Jan - June Dates: Jan - June **Dates: March - Aug Dates: March - Aug Dates: April - Sept** 

2 PDSAs in!

6

Improve percent of adults aged 45–75 years who had appropriate screening for colorectal cancer to 40%.

Dates: April - Sept

1 PDSA in!

7

Improve overall score (aggregate of all sites and departments) by 5% that clients reported an ability to access an appointment when needed.

Dates: May - Oct

RCA done!

8

Reduce the percent of clients aged 18–75 years with diabetes who had hemoglobin A1c (HbA1c) greater than 9.0 percent to 30% and reduce the racial/ethnic gap by 5% for Hispanic/Latino clients.

Dates: July - Nov

Scheduling soon!

9

Monitor and conduct at least one PI project working to improve care coordination based on KPI data (closing the loop for referrals or current medication documentation).

Dates: June - Nov

RCA done!

10

Ensure at least 70% of pregnant clients have access to and initiate care in the first trimester of pregnancy.

Dates: July - Dec

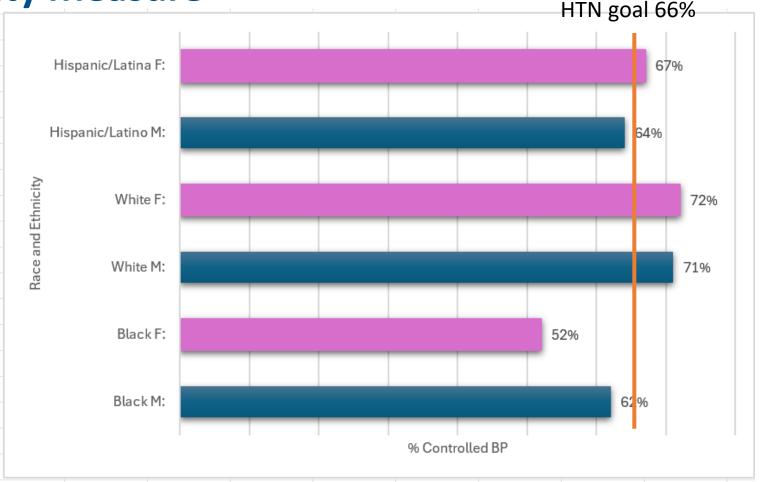


### PI Subcommittee Updates

**Hypertension Disparity Measure** 

Reduce the disparity in hypertension control rates (less than 140/90 mmHg) among Black, White, and Hispanic/Latino/a women and men by 5%.

Subcommittee: Iris Leviner, Catherine Fowler, Elizabeth Zurek, Tracy Russell - a few staff on the committee left the Agency, looking for others to join!



### **Hypertension Disparity PDSA Summary**

### PDSA #1

Change idea: After visit summary sheets to guide clients in check out process (lab, meds, scheduling next appointment)

Result: Did not impact control for sample of clients tracked; but anecdotally, useful to clients and staff in ensuring thorough check out process

Sustainability: Med department maintains; well-integrated in medical space and utilized more widely across all appointment types

# PDSA #2

Change idea: care team scorecards
– friendly competition to motivate
teams in improving race and gender
disparities

**Result:** several teams saw improvement in care team level disparity data

**Sustainability:** final results shared, sustainability plan discussions upcoming

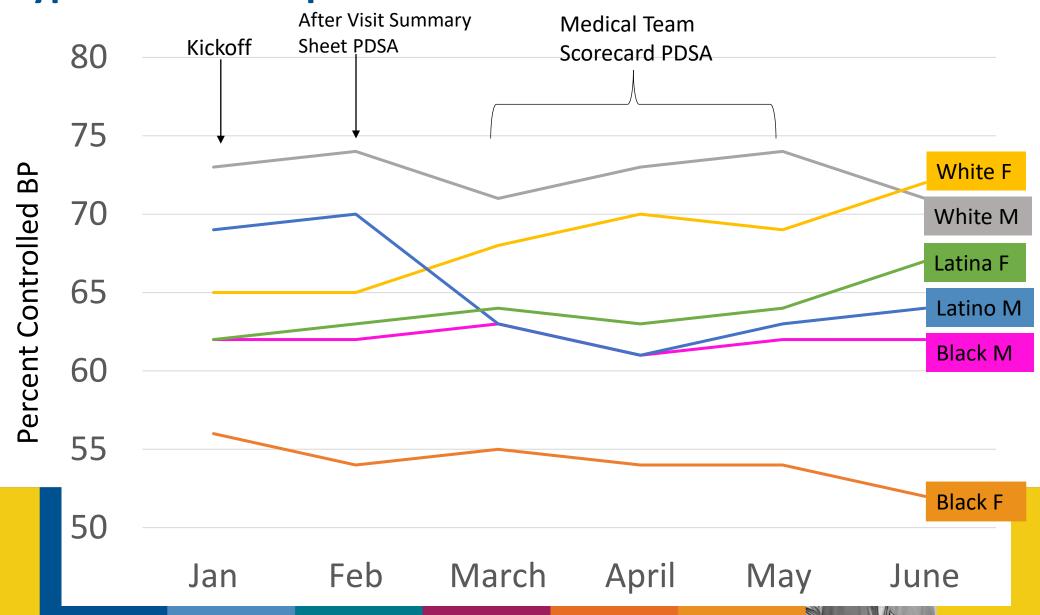
# PDSA#3

Change idea: care team use of Azara registry data for outreach to uncontrolled clients

**Result**: saw 1% improvement in BP control for Hispanic/Latina clients

Sustainability: final results shared, sustainability plan discussions upcoming

**Hypertension Disparities** 



### What's next with the Hypertension Disparity Subcommittee?

Disparity deep dive conducted to look at Black/African American women with diagnosis of hypertension and compare factors between controlled and uncontrolled BP populations.

The uncontrolled population tended to be:

In frequent care with psychiatry

More likely to use telehealth

Slightly less likely to have a recent or upcoming appointment

May be a fewer years younger on average (did not calculate for statistical sig)

Factors that are the same across populations:

Usual provider seen

Usual site for receiving care

Nursing utilized for HTN + other chronic conditions

About 20 points higher systolic BP and 10 points higher diastolic



### **Next steps continued**

- 1. Continuing the work!
  - Notable disparity despite our efforts
  - Recent UDS change to include client at home readings to satisfy the measure
    - Great alignment with our deep dive results e.g. working with group to improve our distribution of automatic BP devices and education on proper measurement technique





#### **PrEP**

Double the number of clients receiving PrEP from a baseline of

16 clients.

Subcommitee: Rajen Bajracharya, Meredith Johnston, Nicole Maffia, Catherine Fowler, Julia Felton, Katharine Billipp, Tyler Gray, Tracy Russell, Adrienne Trustman, Sarah Barry, Wynona China





#### **PrEP PDSA Summary**

Met goal! Closed out with sustainability plan June 2024!

### PDSA #1

Change idea: development of the PrEP dx code and associated order set to improve reporting and tracking

**Result:** with improved accuracy, increase in number

Sustainability: the report autoupdates monthly and will be used by providers and the HIV/HCV Advocate

### PDSA #2

Change idea: increased communications materials (screensavers and pamphlets)

**Result:** positive feedback from staff; utilization in HIV testing space and waiting rooms

Sustainability: HIV/HCV
Advocate upkeep of paper
resource; content in screensaver
circulation

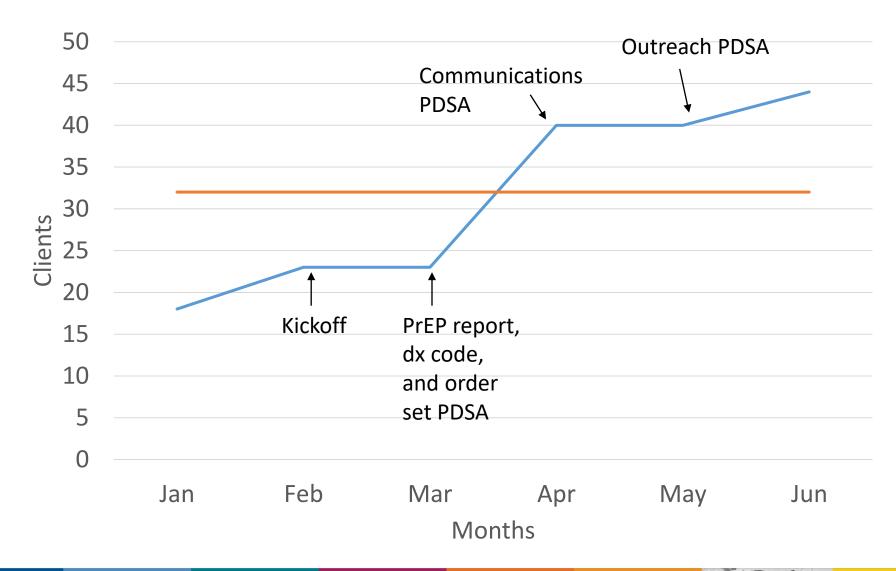
### PDSA #3

Change idea: outreach to PrEP clients without scheduled upcoming appointment

Result: established monthly workflow for outreach with HIV/HCV Advocate; multiple clients reconnected with care

Sustainability: established ongoing workflow and review of success and challenges with supervisor

### **PrEP**





### **Hospital Readmission**

Reduce medical hospital readmission rate (hospitalized within 30 days of discharge) to 15%.

During March and April, we remained at 15%, due to changes in CRISP reporting, we are reconfiguring our internal report to accurately reflect this measure data





### **Hospital Readmission PDSA Summary**

# PDSA #1

Change idea: Strengthen relationship with Mercy for improved continuity of care (warm hand off process, tour, ongoing touch points, communications resource)

Result: Established client warm hand off connections; addressing challenge of connecting with client post discharge; Mercy and HCH staff seeing promising results

**Sustainability:** simple process that is manageable and with positive impact; relationship ongoing to address issues

### PDSA #2

Change idea: transportation support to clients who otherwise wouldn't be able to make their hospital f/u appointment

**Result**: did not result in improved appointment access (none of the clients made their appointment)

Sustainability: subcommittee abandoned this idea to focus resources on higher impact change ideas/plan to ask partner hospitals about their resources to help with transport

## PDSA #3

Change idea: Expand PDSA #1 to Hopkins, one of top three highest utilized local hospitals by established HCH clients

Scheduled with Hopkins discharge team members in July

### Other news / what's next

- Met with David Munson from Boston HCH to discuss their strategies
  - They make an effort to be involved at every part of the hospital stay, from admission to after discharge
  - Have a clinic embedded in a local hospital
    - Seen as internal vs. coming from the outside
  - On the Baltimore side, we're creating robust relationships with Hopkins and Mercy now, with possibly other hospital systems to come
    - We're on the right track!



### **Colorectal Cancer Screening**

Increase the percentage of clients who have received colorectal cancer screening to 40%.

Since January, we've remained at 30% without fluctuation

Subcommittee: Pandora Bruton, Katharine Billipp, Elizabeth Zurek, Tracy Russell, Kim Taylor, Hanifah Matumla, Jazzmine Jackson, and Tierra Garnett





### **Colorectal Cancer Screening PDSA Summary**

### PDSA #1

Change idea: provider communication of documentation for accurate data (certain test not satisfying the measure)

**Result**: determination that minimal staffing using, but was good reinforcement

**Sustainability**: incorporated into regular training and reminders in medical spaces

# PDSA #2

**Change idea:** train the trainer; CMA champions as POCs and trainers for their team

**Result:** currently implementing new visual aids like small toilets to explain to clients how to collect a sample; improved health literacy resources to describe fit kit completion to clients

**Sustainability:** defining expectations and involvement of trainers in ongoing work

#### PHQ-9 Questions 1 or 6

By December 31, 2024, for clients aged 12 and up, improve aggregate score by 5% on the PHQ-9 for Question 1: little interest or pleasure in doing things or Question 6: feeling like you are a failure or you have let yourself or family down.

Subcommittee: Lawanda Williams, Jan Ferdous, Wynona China, Shauna Griffin, Wendy Hrica





#### **PHQ-9 Questions 1 or 6 Summary**

# PDSA #1

Change idea: equip Therapist Case Managers working in the field with laminated and paper copies of PHQ9 for streamlined access/workflow and visual reminder

**Result:** Positive feedback from TCMs, desire to expand to full team and include all screenings on a ring

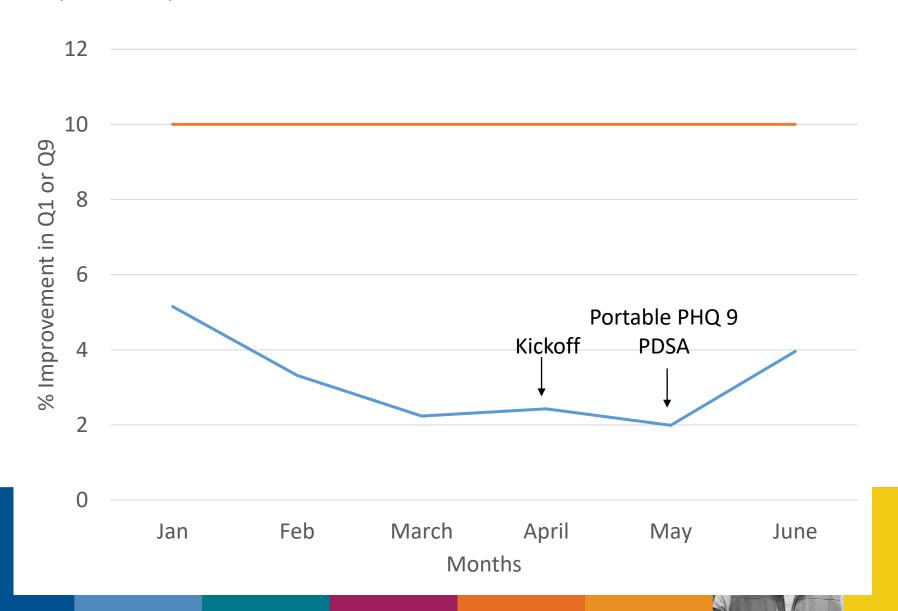
**Sustainability:** development of additional resources for SH and BH expansion

# PDSA #2

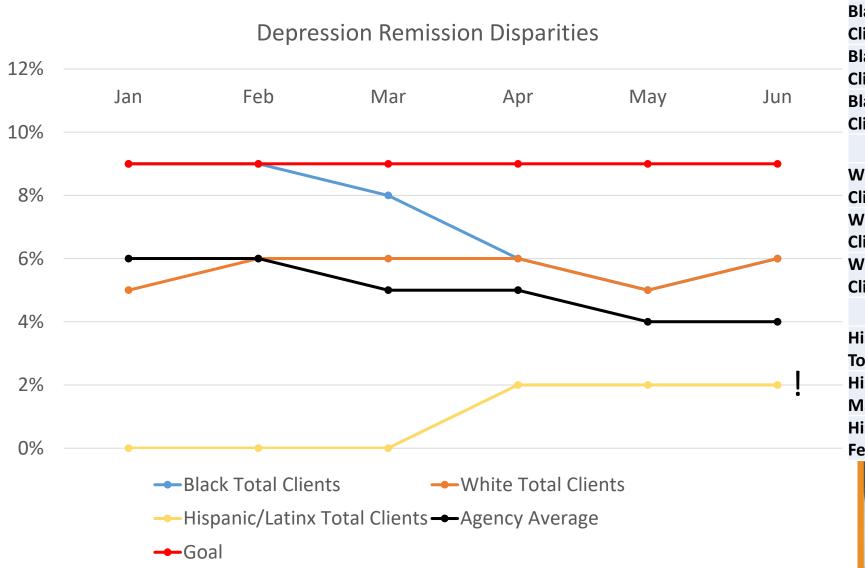
Change idea: support BH and SH TCM staff in ongoing awareness of last PHQ9 administered to improve on re-screening at appropriate time intervals (i.e. reviewing and inputting last date administered in each note)

Currently establishing department specific approaches

### **PHQ-9 Q1 or Q6**



### **Disparity Data (Depression Remission Measure)**



•	Q1	Q2
Black Total Clients	8% (9/111)	<mark>6%</mark> (5/91)
Black Male Clients	6% (3/53)	7% (3/44)
Black Female Clients	11% (6/55)	<mark>4%</mark> (2/46)
White Total Clients	6% (2/34)	6% (2/34)
White Male Clients	13% (2/16)	11% (2/18)
White Female Clients	0% (0/17)	0% (0/16)
Hispanic/Latinx Total Clients	0% (0/45)	2% (1/45)
Hispanic/Latino Male Clients	0% (0/6)	0% (0/6)
Hispanic/Latina Female Clients	0% (0/38)	3% (1/37)

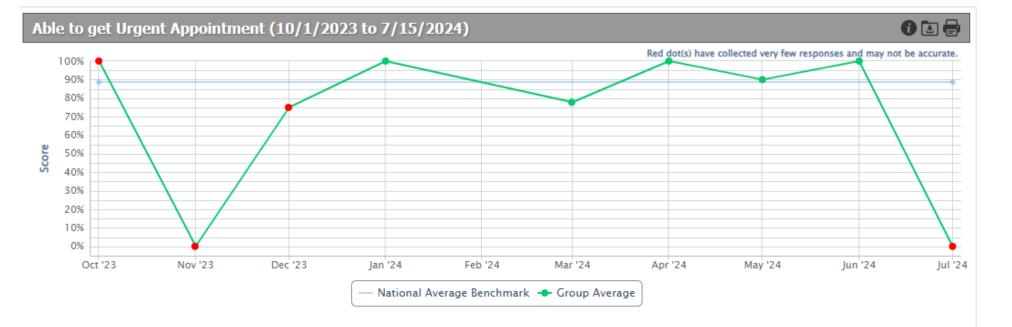
#### **Appointment Access**

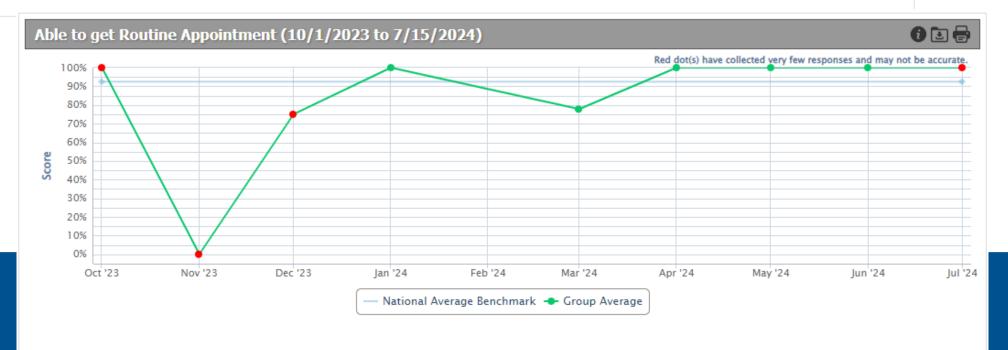
Improve overall score (aggregate of all sites and departments) by 5% that clients reported an ability to access an appointment when needed.

**Subcommittee:** Lisa Lefavore, Liz Goldberg, Muhammed Mamman, John Lane, Alkema Jackson, Juanita Peterson, Wynona China, Janel Taylor, Jan Ferdous, Deborah Hart

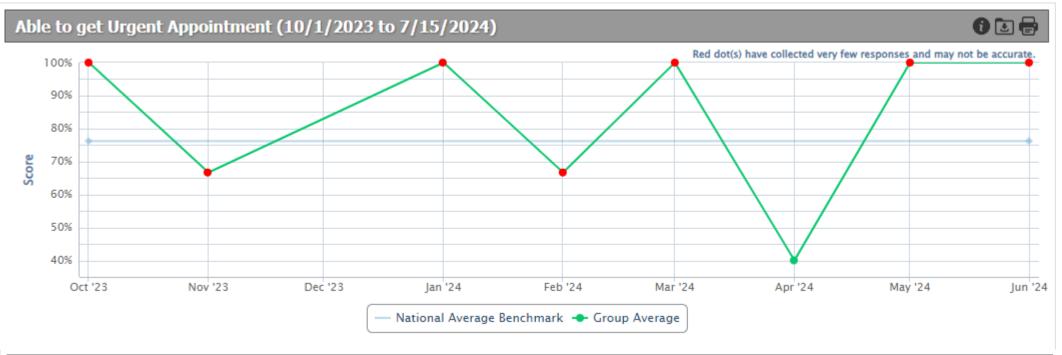


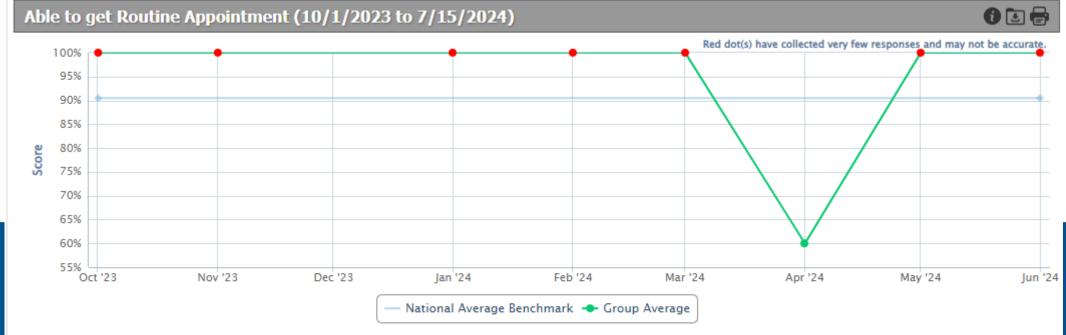






#### **Dental**





# PDSA #1

Client idea!

Change idea: clients are restricted on coming in by transportation; creating a paper resource of all known available transportation assistance

**Results:** working with Communications to refine into a good-looking, readable resource

**Sustainability**: still determining review cadence and responsibility



### **Early Entry to Prenatal Care**

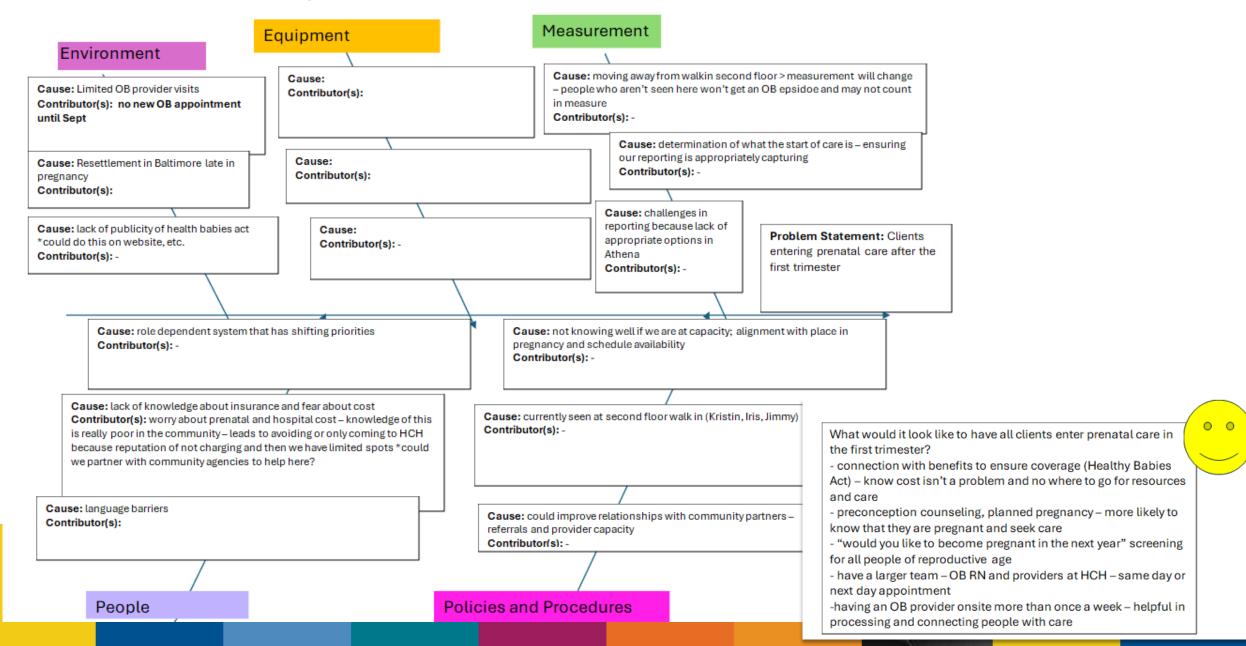


Ensure at least 70% of pregnant clients have access to and initiate care in the first trimester of pregnancy.

Subcommittee: Tyler Gray, Sharon Hooper, Hanifah Matumla, Ash Lane, and the Pediatrics and OB teams



### **Root Cause Analysis**



### Other notes on early entry

- Health IT has created an excellent report that includes prenatal early entry and OB outcomes
- Developing a brief feedback questionnaire for OB clients who bring their babies back for care
  - 4-5 questions
  - Includes questions about prenatal care, ease of scheduling child, and vaccines
  - To be given at the 6-month visit



### **A1c** and Diabetes Disparities

Reduce the percent of clients aged 18–75 years with **diabetes** who had hemoglobin A1c (HbA1c) greater than 9.0 percent to 30% and **reduce the racial/ethnic gap** by 5% for Hispanic/Latino clients.

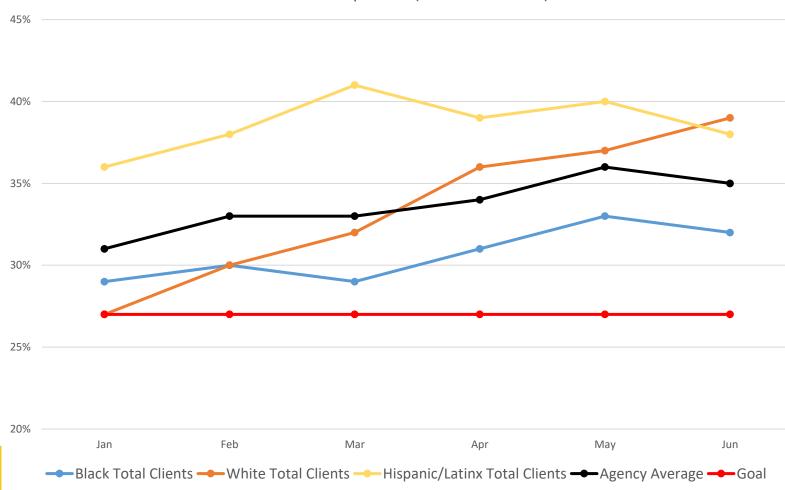
Subcommittee: Sharon Hooper, Tracy Russell, Courtney Hunt, Katie Healy, Kyler Young, Erin Levitt, Karen Bisson, Margaret Flanagan, Arie Hayre-Somuah





### **Disparity Data (DM Disparities)**

Diabetes Disparities (inverse measure)



	Mar (34%)	<mark>Jun (35%)</mark>
Black Total Clients	29% (162/554)	32% (176/543)
Black Male Clients	28% (92/330)	33% (108/330)
Black Female Clients	31% (66/215)	31% (65/207)
White Total Clients	32% (53/165)	39% (71/183)
White Male Clients	36% (34/94)	38% (39/104)
White Female Clients	28% (19/69)	40% (31/78)
Hispanic/Latinx Total Clients	41% (181/445)	38% (175/466)
Hispanic/Latin o Male Clients	49% (93/189)	44% (88/202)
Hispanic/Latina Female Clients	34% (84/250)	33% (87/263)

# PDSA #1

Change idea: culturally-tailored DM education, such as recipes and Spanish-language handouts

**Result:** 2-3 RNs are currently deploying these resources with Hispanic/Latinx clients with diabetes

**Sustainability:** resources found will be relevant far into the future



#### Other notes on diabetes

- Some insight from Laura Garcia:
  - HCH history: our diabetes control rates improved significantly when we began prescribing modern diabetes meds e.g. GLP-1 inhibitors
  - However, these drugs are going up in price massively and facing widespread shortages
  - We've had to go back to prescribing older, less effective drugs as a result



#### Next measures coming up

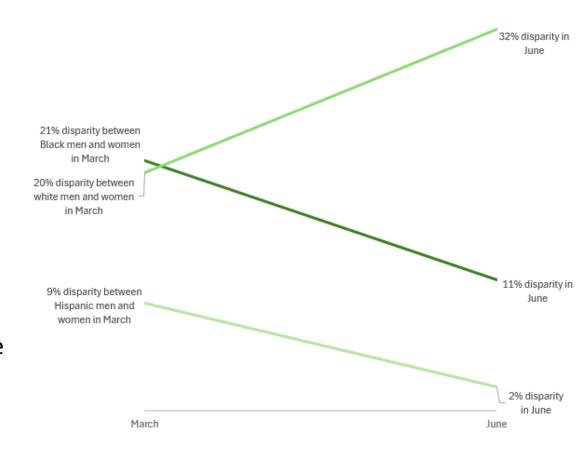
- Working on scheduling for the care coordination measure: closing the referral loop
- Looking forward to the end of the year
  - Data party...? Stay tuned
  - Quality and Safety Celebration!



#### Green Team HTN Disparity Progress, March-May 2024

### PI tool: slope charts

- What if you want to show change for multiple groups over a time period, but showing the fluctuation in-between is just too much data?
  - We've learned in past months that variation can be typical in processes
  - Maybe we don't want people to get lost in analyzing those fluctuations
- Enter the slope chart
  - Simplest possible line chart: two points
  - Plotting multiple slopes can show changes in ranking, the magnitude and speed of total change over time, or the differences between two categories





#### Resources

As a reminder, our PI tools and templates are available for use:

(And a shout-out to Kaoru Ishikawa, the creator of the fishbone diagram, who would have turned 109 on the 13th!)



These are stored on our PI Communal OneNote page, linked here:

PI Communal OneNote: Templates Tab

Give them a try next time you want to solve a problem!



### Thank you, and happy Wednesday!

For any questions, email:

mstelmack@hchmd.org

Ihoffmann@hchmd.org

